



210 First Street North
Kenora, ON P9N 2K4

November 9, 2015

Town of Fort Frances
320 Portage Avenue
Fort Frances, ON P9A 3P9

Dear Mayor Avis and Council:

Re: Healthy Eating and Public Places

In March 2015, thirty-three Northwestern Ontario residents took part in the first health unit Talk Public Health: Online Discussion Panel. During the panel, the participants learned about public health and healthy eating policy; took part in discussions; and made recommendations about where the health unit should focus its work in healthy food choices policy. The final poll indicated that panelist felt the health unit should be working on policy related to healthy food choices at community events.

We can work together to change the food environment.

As presented to Fort Frances Council on November 9, 2015 we would be pleased to work with your municipality to prepare a policy related to these issues that would work for Fort Frances. We encourage you to consider the following options:

- Develop a Comprehensive Food Policy; or
- Develop a Comprehensive Events Policy; or
- Review existing event policies; procedures; application forms and add language that includes healthy food choices recommendations.

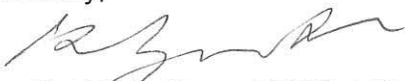
The health unit can offer the following support:

- Another presentation to council to provide additional background information and answer questions about implementing any of these policy options.
- In-person, phone and email support to develop a policy.

Our Registered Dietitian, Julie Slack will be contacting your office within the next month to follow up on this matter. If you wish to contact Julie sooner she can be reached at 807-597-6871 ext. 3717 or by email at jslack@nwhu.on.ca.

I encourage you to consider the adoption of a Healthy Foods in Public Places Policy.

Sincerely,



Dr. Kit Young Hoon, MBBS, MPH, MSC, FRCPC