

**Members of the Sister Kennedy Board
Mayor Roy Avis - and -
Members of Fort Frances Town Council**

Re : 30th Anniversary of the Sister Kennedy Centre

August 25 , 2013.



Dear Members ,

Since our last Board meeting it came to my attention that we are entering our 30th Anniversary of the Sister Kennedy Centre .

In conjunction with the Sister Kennedy Centre Advisory Board , we worked diligently to put together a program acknowledging this great achievement .

Attached you will find a copy of our 30th Anniversary Agenda - which covers the entire week of October 21 through October 26 - 2013 .

We asked the Town to Proclaim the week of October 21 - through - 26 - as Seniors Week in Fort Frances . This has been approved by Council .

Your support is greatly appreciated . Please take note of the attached documents which may be calling upon your personal participation .

I trust you will be as excited as we are - and - will find this Adventure - the 30th Anniversary of the Sister Kennedy Centre - will have your full - & - immediate support .

Thanking you in advance , I wish to remain;

Yours Truly ,

**Nick Wihnan ,
Director - SKC.**

**Cc
Advisory Committee .**

Letter of Invite - All Mayors - Sister Kennedy appointed Councillors - all Board Members

Monday October 21 , 2013 - Agenda .

9:00 a.m. (1983 - to - 2013)

Mayors - Dean Cunningham - Dick Lyons - Glenn Witherspoon - Dan Onichuk - Roy Avis - request their presence - & - have Mayor Roy Avis - and each Mayor say a few words in Tribute to the Sister Kennedy Centre - & - the 30th Anniversary celebrations - (speeches to be between 3 minutes - with a 5 minute maximum)

Sister Kennedy Centre - Fort Frances Town Council appointed Board members - invite them to attend the 9:00 a.m. opening ceremonies .

Sister Betty Kennedy (d) Jim Cumming - Gus Lindberg (d) - Walter Christianson - John Albanese - Allan Bedard - Nick Wihnan - George Blanc - Deanne Cunningham - Bruce Armstrong - Bill Martin (d) Dave Bourgeault - Andrew Halikass - Doug Kitowski .

Sister Kennedy Centre Board Members - D Bourgeault - L Currie - O Dandeneau - B Danylchuk - BI Dick (d) - G Emmes - T Galdu - M Hogan - Sister Betty Kennedy (d) - F Bonner - D Peloquin - I Breckon - N Wihnan - Walter Christianson - Allan T Bedard - John Albanese - H Medhurst - B Langtry - F Clinker - A Larouque - A Hawrylak - Mary Clinker - Buzz Wickstrom - Bill Krukoski - George Bell - Irene Laing - Shirley Nault -

Special Invites - Bill Naturkatch - Glenn Treftlin - Mark McCaig - (Town Administrators - Clerks)

All are invited to attend the opening ceremonies which start at 9:00 a.m. sharp

The Press is invited to attend - a 30th Anniversary Guest Book will be available - & - everyone is asked to sign in . It will become a part of the history of the Sister Kennedy Centre .

Pictures and video will be taken throughout the day - & - week (our recorded history)

At the conclusion of the opening ceremonies - everyone is welcome to stay - enjoy coffee - tea - dainties - donuts - muffins - great conversations .

- Tai chi - will take place - from approximately 10:00 a.m. til 11:00 a.m.

- 11:00 a.m. til noon - Workshop - Computers for Seniors Demo :

Sister Kennedy Centre - 30th Anniversary - Senior Games will commence at conclusion of the morning opening ceremonies - which will conclude at noon - followed by a lunch - soup - sandwiches - buns - various meat trays - dainties - cake -etc....

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Let the 30th Anniversary Games begin 1:00 p.m. sharp

Floor Shuffle Board -

Table Shuffle Board -

500 - & - Canasta -

Pool

darts

shop

horseshoes

Tuesday Smear Afternoon

Wednesday Bridge

Thursday - Cribbage

Friday - Euchre .

Saturday - open House - enjoy the Centre - day of relaxation - & - windup Closing speech - at 4:00 p.m. Nick Wihnan Director .

Workshops are being set u for the week :

Henry Miller - speak on the workshop :

Nurse - or - Doctor - wellness Speaker :

Ambulance Attendant - use of defibulator :

Daily : Volunteer rides - to and from the SKC - inclusive of Rainycrest - & - Housing complexes - to enjoy Centre -i.e. Flinders - Elizabeth Manor - Lady Francis - Green - & Rose Manors - etc.....

Coffee - tea - dainties available all days .

Everyone including District Seniors over age 55 plus invited - along with those who are handicapped - & - disabled - to participate in the 30th Anniversary Games . List of Events and Participants will be located on the SKC Bulletin Boards -- Press Releases will be made before - & - during the games .

All 55 plus participants at the Centre - will be encouraged to get involved in the Centre - plus participate in the games .

There will be greeters sitting at the door - to meet all who enter the SKC - encourage all to sign our 30th Anniversary Book - sell 50/50 Attendance Draw Tickets - ½ prize to the winner - ½ prize will go to the Xmas Hamper Fund .

Wednesday Evening - 5:00 p.m. sharp we will have a pot luck supper . There will be a guest speaker - volunteer awards - followed by music - entertainment .

We are presently working on a dance for either Wednesday night - or - Friday Night. An update will be given as events unfold .

- * - A 30th Anniversary Cake will be ordered - & - brought into the Centre
- * - Centre will be decorated with our history .
- * - Newsletter is in the making - will be ready by the time of our Celebrations .

Games - & - Volunteer Lists will be posted as soon as it is approved by the Board .

Note - if you are aware that someone's name has been missed (Re - Mayors - Board Members - Board Councillors - please advise the Sister Kennedy Centre Director - Nick Wihnan immediately . Mistakes do happen - so if you notice an error please contact Nick .

Dear Editor

B-93 FM

We at the Sister Kennedy Centre are inviting all seniors 55 plus , including the disabled and handicapped to drop in and enjoy our wonderful facilities .

We are a self supporting , non denominational group of senior citizens , interested in the independent , healthy , recreational - & - social activities of all Fort Frances - & - District seniors .

This year we are revving up for our 30th Anniversary Celebration , of the Sister Kennedy Centre - & - as such we asked Council to Proclaim the week of October 21 through 26 as Seniors Week in Fort Frances . A whole host of activities are in the planning stages , with a fixed Agenda following shortly - & - will be given to the Board at their next meeting . Besides a whole host of activities - a newsletter is in rough draft - & - will be ready for this prestigious event .

We strongly support those with disabilities , to join us in our senior fellowship. So come on in - & - enjoy all the Sister Kennedy Centre has to offer . Coffee - or - Tea is just a dollar - refills are free . You are invited to take part in a wide range of activities ; such as card games , pool table games - table or floor shuffleboard , Tai Chi - pot luck dinners , senior games and much more .

So come on in and refresh old friendships - make new friends - there are no strangers at the Sister Kennedy Centre - only friends we have not met yet .

I will keep the public posted as events unfold . I look forward to seeing you at the Sister Kennedy `Centre .

Thank You .



Yours Truly ,
Nick Wihnan ,
Executive Director .
Sister Kennedy Centre
274 - 7656