

REPORT

TO: Mayor Avis & Council

FROM: Jason Kabel, Community Services Division Manager

DATE: August 3, 2017

RE: Healthier Beverage Choices in Vending Machines Policy- Memorial Sports Centre

PREAMBLE

In the Fall of 2016, the Community Services Division was approached by the North Western Health Unit to partner for the Healthy Kids Community Challenge, an initiative that they were sponsoring. It could involve any number of activities or programs that could assist or promote healthier living for kids.

The idea that was presented to Memorial Sports Centre (MSC) staff included the following:

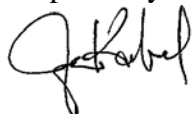
- Addition of a Water Bottle Refill Station (location TBD).
- Removal of energy/caFFEinated drinks in the vending machine(s) supported by a facility policy.
- NWHU will coordinate the educational pieces around water/reduction of sugar sweetened beverages.
- NWHU will work with the canteen to try to pilot healthy beverage options (something like smoothies).

The MSC staff has been participating in the partnership with the NWHU staff in the Healthy Kids Community Challenge by adjusting the beverage choices available in the vending machines at MSC. The facility will benefit with the addition of the water bottle refill station / water fountain machines that will replace 2 of the existing water fountains.

RECOMMENDATION

The Community Services Division recommends to endorse the attached policy for Healthier Beverage Choices as proposed by the North Western Health Unit.

Respectfully submitted,



Jason Kabel