

## **Community Services Executive Committee**

### **AGENDA**

Monday, June 16, 2014 – 10:30 a.m.

**Fort Frances Children's Complex**

1. CALL TO ORDER (Session #62)
2. ADOPTION OF AGENDA (call for non-agenda items)
3. DISCLOSURES OF CONFLICT OF INTEREST (& the general nature thereof)
4. APPROVAL OF MINUTES – Monday, June 16, 2014
5. ITEMS REFERRED FROM COUNCIL
  - a) Triathlon Club Request
6. NEW BUSINESS
  - a) Outdoor Fitness Equipment – placement along waterfront
7. NON-AGENDA ITEMS
8. INFORMATION
  - a) Next Meeting Date – Tuesday, August 5, 2014
9. CLOSE

**Community Services Executive Committee**  
**Minutes of Meeting**

**Date:** Monday, June 16, 2014    **Session No.** 61

This meeting of the Community Services Executive Committee was held at the Fort Frances Museum.

**Committee Members present:** A. Hallikas – Chair; J. Albanese – Councillor; D. Kitowski – Councillor; J. Kabel – Division Manager

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**CALL TO ORDER:**

A. Hallikas called the meeting to order at 10:27 am. J. Kabel recorded the minutes of the meeting.

**DISCLOSURES OF CONFLICT OF INTEREST (and general nature thereof):**

NIL

**APPROVAL OF MINUTES:**

Minutes of the Monday, June 2, 2014 Community Services Executive Committee meeting were approved as circulated.

**ITEMS REFERRED FROM COUNCIL:**

NIL

**NEW BUSINESS:**

- a) Triathlon Club Request – Information was passed on to Council for referral
- b) CMOG – Community Museum Operating Grant – The grant application to apply for the annual operating grant was recommended to Council as presented.
- c) Resolute Fitness Equipment – The committee recommended to Council to sanction an agreement between the Memorial Sports Centre and Resolute Forest Products for all of the fitness equipment at the Resolute fitness centre in exchange for 2 levels of user memberships, regular (6 month –no cost – approx. 12 users) and semi-regular (6 month – 50% off – approx. 20 users).

**NON-AGENDA ITEMS:**

- a) RRFDC Insurance for Harmony of Nations – the insurance company has confirmed that the Town is not exposed to any liability outside of normal parameters for the 'Bass tent' and vacant period of time between the Harmony of Nations and Bass Tournament.

**INFORMATION:**

- a) Trailers by Town parking lot across from Town Hall – property is owned by the Mill and trailers parked there are not subject to taxes.
- b) Next Meeting Date – Monday, July 7, 2014.

**CLOSING**

There being no further matters before the Committee at this time, the meeting was closed by A. Hallikas at 11:03 am.

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Chair

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Manager (or Superintendent)/Secretary

Administration & Finance Division  
Civic Centre

Operations & Facilities Division  
Fifth Street & Wright Avenue  
Phone: 807-274-9893  
Fax: 807-274-7360

Civic Centre  
320 Portage Avenue  
Phone: 807-274-5323  
Fax: 807-274-8479  
email: town@fort-frances.com



Planning & Development Division  
Civic Centre

Community Services Division  
740 Scott Street P9A 1H8  
Phone: 807-274-4561

Mailing Address:  
320 Portage Avenue  
Fort Frances, Ontario  
P9A 3P9

www.fort-frances.com

July 2, 2014

Rainy Lake Triathlon Club  
Jeff Tilbury, Race Organizer  
via e-mail [jwtilson@shaw.ca](mailto:jwtilson@shaw.ca)

Dear Sir:

At their meeting, June 23, 2014, Council referred the request dated June 10, 2014 from J. Tilbury, Race Organizer, Rainy Lake Triathlon Club re: 2<sup>nd</sup> Annual Splash and Dash Event – August 17, 2014 – Point Park to the Community Services Executive Committee for recommendation with input from Operations and Facilities Executive Committee.

By copy of this letter, your request has been referred as directed.

Please direct any questions you may have to Mr. Jason Kabel, at 274-4561.

Yours very truly,

ADMINISTRATION & FINANCE DIVISION

Kathryn M. Lawson, Deputy Clerk

/kl

c.c. Community Services Executive Committee  
-Attn: J. Kabel, Manager Community Services  
Operations and Facilities Executive Committee  
-Attn: D. Brown, Manager Operations and Facilities



June 10, 2014

Jason Kabel  
Manager of Community Services  
Town of Fort Frances  
320 Portage Avenue  
Fort Frances, Ont. P9A 3P9

Dear Mr Kabel:

I look forward to working with you again this year in order to host the Second Splash and Dash event on August 17, 2014 at the Point Park. As you know the event consists of a swimming and running portion to it. This year we will again be having a swim of 750 meters for adults and introducing a 300 m swim for youth (ages 12 to 15), and we would like to set up the swim course to start and finish near the public dock by the Rendez -Vous. After completing the swim, participants will make their way to a transition zone to change into running shoes and then do a 3km run youth and 5 km run adults (out and back) along the water front turning around at the Sorting Gap Marina. Course markings will not be permanent, marking will consist of flags or arrows which can be removed after the event. Any marking on the road will be done in marking chalk that will disappear after a few days of weather.

As we are seeking different options for insurance or sanctioning through Ontario triathlon I would like to request that the Town donate as sponsors of the event the use of their lifeguards. Under Ontario Triathlon Guidelines, 2 guards are required for every 50 participants, and 1 guard for each additional 50 athletes in the water. It is likely that we would not need more than 3-4 guards. Lifeguards will be on duty to watch the swimmers and marshals will be set up to watch and assist runners on the run course. As mentioned we are looking at options for sanctioning and will provide the necessary insurance certificates as required once they are in place. All participants will be required to sign a legal waiver indicating that they are aware of the risks involved in participating and agree not to take any legal action against or hold anyone liable should anything negative happen to them during the event. We will have persons trained in First Aide on site and will notify the Ambulance, police and fire services of the details and date of the event.

I would ask is if the town would allow me or put up no parking signs in the evening before the event along Lake Road, where it ends at the Public dock to where it meets with Idylwild Drive. This would be to ensure that we can utilize this area for the transition zone run course and finish area on event day.

The last request is to seek your approval and permission to utilize the Point Park, use the sidewalk to traverse over the Hwy 11 over pass and to utilize the paths along the water front for the run section, for this event. As required from last years event we will ensure the following stipulations are followed

1. Marshalls are in place to direct traffic and for participants safety at specified locations (namely Idylwyld Dr, Overpass, run and Turn arounds).
2. Barricades will be used to identify event space and no parking areas.

3. Town of Fort Frances be named on event waiver copies provided to the town post event.
4. Certificate of insurance will be provided to the Town pre event.

Please review the information attached which outlines all courses and routes that are being proposed for this event. Should we get Ontario Tri sanctioning all courses will meet the requirements set out under this sanctioning.

I have also sent letters to the Chiefs and councils of the Treaty 1 Bands to seek their acknowledgement of this event at Point Park.

It would also be appreciated if we could borrow from the town the following items:

- 3 to 4 No Parking signs
- 40 Pylons
- 10 to 12 Road Barricades
- 6 Folding tables and 6 chairs.

As this is year 2 of a 3 year plan to build the event into a Sprint distance triathlon for 2015, I also look forward to working with you and the Town of Fort Frances into the future to make this plan a reality.

Should you have any questions or concerns, or require any further information please contact me at 274-6848 or email [jwtilson@shaw.ca](mailto:jwtilson@shaw.ca)

Sincerely

Jeff Tilbury

Race Organizer.  
Rainy Lake Triathlon Club.



## REPORT

**TO:** Mayor Avis and Council

**FROM:** Jason Kabel, Manager of Community Services

**DATE:** July 3, 2014

**RE:** **Triathlon Club Request – Jeff Tilbury**

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In 2013, Council referred a request from Jeff Tilbury re: Aquathlon (Splash & Dash) at the Point Park September 8, 2013 to the Community Services Executive Committee for recommendation with input from Operations and Facilities and Planning and Development Executive Committees.

The Operations & Facilities Executive Committee and Planning & Development Executive Committee reviewed the request and offered 3 recommendations below that were implemented by the Splash & Dash committee:

1. There is no sidewalk on Lake Road between the intersection of Highway 11 and the intersection of Idylwyld Drive and a section of Highway 11 from the overpass structure to intersection of Lake Road.
2. Provide temporary no parking signs & poles.
3. That the Town fully explore any issues of liability regarding our assistance with the event.

In Jeff Tilbury's letter this year (attached) he addresses the concerns of last year that were brought forward for their proposed Splash & Dash event to be held August 17, 2014. He also puts forth a similar list of requests as last year that the Town assisted with:

- 3 to 4 No Parking signs
- 40 Pylons
- 10 to 12 Road Barricades
- 6 Folding tables and 6 chairs
- 2-3 Lifeguards

The proposed Splash & Dash event is an athletic endeavour that includes two components to the event, a swimming portion and a running portion. The swimming portion is planned to be 700 to 750 meters starting and finishing from the sand shore at The Point Park. After the swim participants will have a transition zone to change into running shoes for the final leg of the event, a 5km run. The run will be along the waterfront to the Marina and back with non-permanent course markings along the way (please see other details attached).

The Community Services Executive Committee recommends to Council to authorize the Rainy Lake Triathlon Club to host their proposed Splash & Dash event on August 17, 2014 at The Point Park as outlined by organizer Jeff Tilbury. The Committee further recommends that due to the high water conditions this year that the organizing committee does an assessment of the water conditions and debris near shore and makes every effort to ensure participant safety. J. Kabel is recommended to serve as a liaison to the event to assist with 2-3 certified lifeguards as required.

Respectfully Submitted,



Jason Kabel

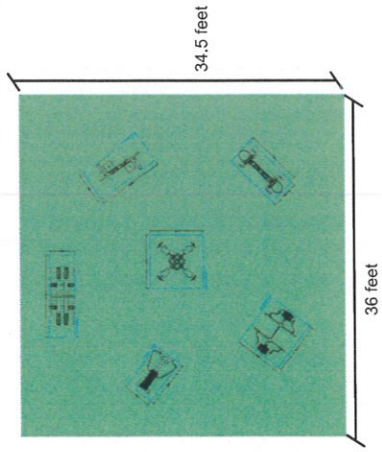
**Council approval of this report will** authorize the Rainy Lake Triathlon Club to host their proposed Splash & Dash event on August 17, 2014 at The Point Park as outlined by organizer Jeff Tilbury with the following stipulations:

- 1. Marshals be in place to direct traffic and for participant safety at specified locations (Idylwyld Dr., Overpass, run Turn-around).**
- 2. Barricades be used to identify event space and no parking areas.**
- 3. Town of Fort Frances certified employees act in their capacity as lifeguards on the event day to be included under the Town's insurance policy.**
- 4. The Town of Fort Frances must be named on the event waiver and signed copies of every participant's waiver must be supplied to the Town as soon as possible by event organizers after the event registration is complete.**
- 5. Prior and after the event, all areas should be carefully inspected by Event Organizers and Town staff to ensure there are no obvious hazards (i.e. tripping hazards, sharp objects – especially protruding in beach area where the swimmers will be entering or leaving from, potholes, etc.). A record of the inspection should be kept for as long as possible. If there are any hazards that cannot be fixed by staff prior to the event they should be well marked. The inspection reports should include any temporary measures put into place and when the situation was rectified.**
- 6. The Rainy Lake Triathlon Club provide proof of 3<sup>rd</sup> party liability insurance to the Community Services Division at least 1 week prior to the event.**

The Committee further recommends to grant the list of requests to assist with the event, same as 2013.



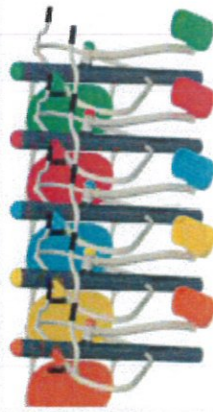
# PARK PROPOSAL FORT FRANCIS



Area: 1242 sq feet | 6 Core models



## UNIQUE FEATURES & ADVANTAGES

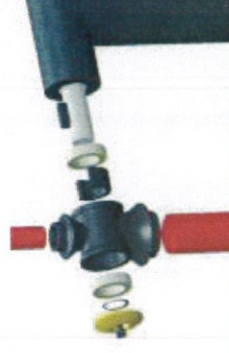


### CONTROL YOUR COLOURS



### SAFETY FIRST

All models are certified and meet EN 1176 by SII testing lab



### HIGH VALUE 14 users, 6 models

### INSTRUCTION PLATES Clear, Simple, In your language



## FORT FRANCIS

PARK PROPOSAL

**URBANIX**  
THE REAL OUTDOOR GYM

\*Final Product might vary slightly

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## THE LINEUP



UBX-104Q  
Leg Press



UBX-48a  
Chest Press Hercules



UBX-26  
Double Ski Trainer



UBX-22  
Pendulum



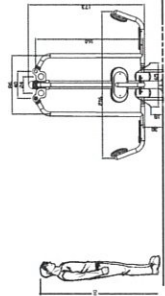
UBX-91  
Rowing Trainer



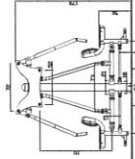
UBX-13  
Triple Trainer



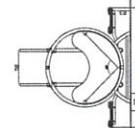
## HEIGHT REALIZATION



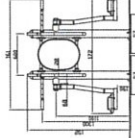
UBX-104Q  
Leg Press



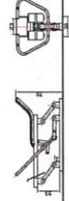
UBX-48a  
Chest Press Hercules



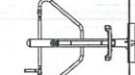
UBX-26  
Double Ski Trainer



UBX-22  
Pendulum



UBX-91  
Rowing Trainer



UBX-13  
Triple Trainer

PLAYGROUND FLOOR LEVEL

## FORT FRANCIS

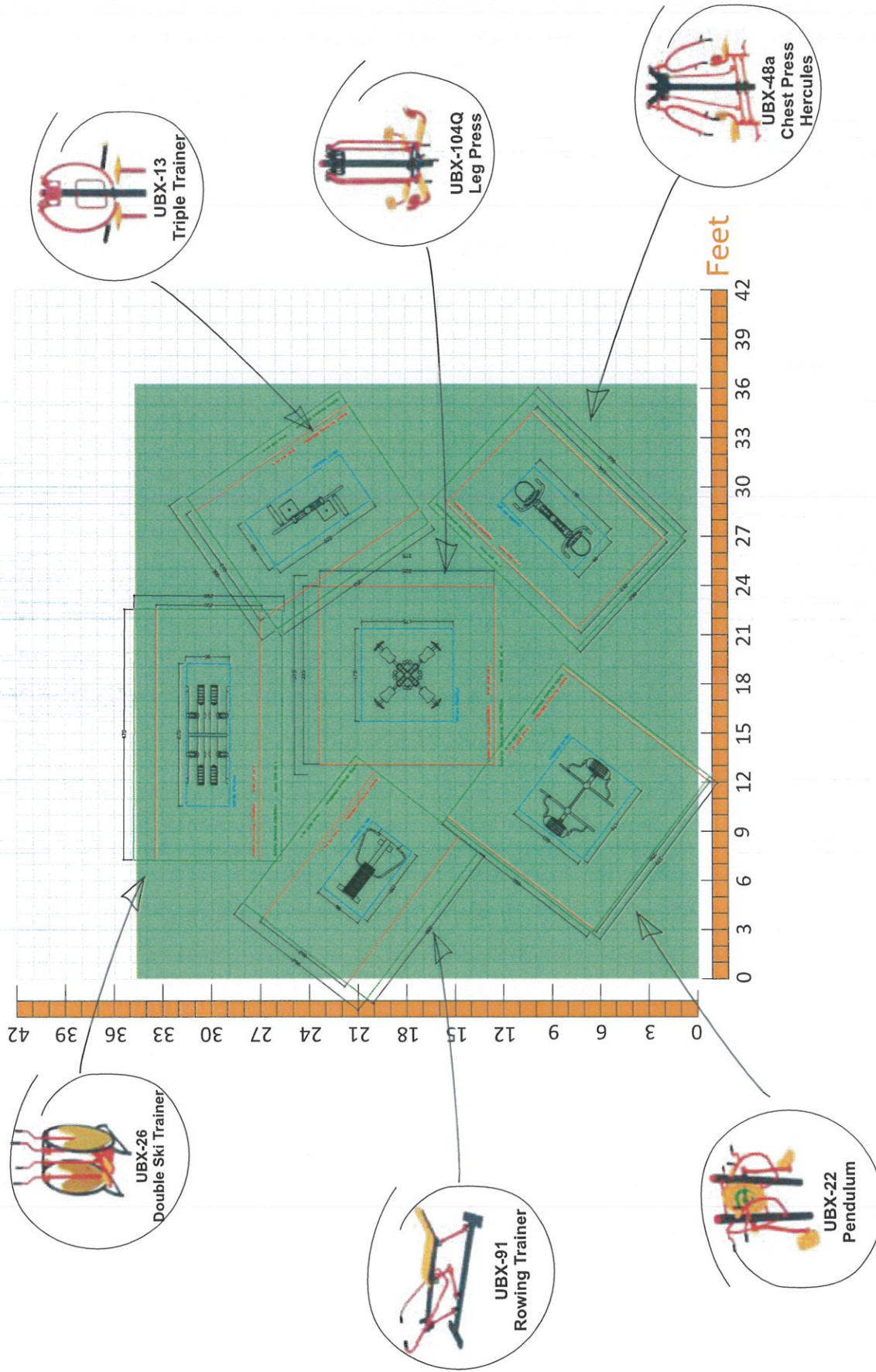
PARK PROPOSAL

**URBANIX**  
THE **REAL** OUTDOOR GYM

\*Final Product might vary slightly

(C) Urbanix 2014

# PLAN VIEW WITH SCALE (RATIO 1:100)

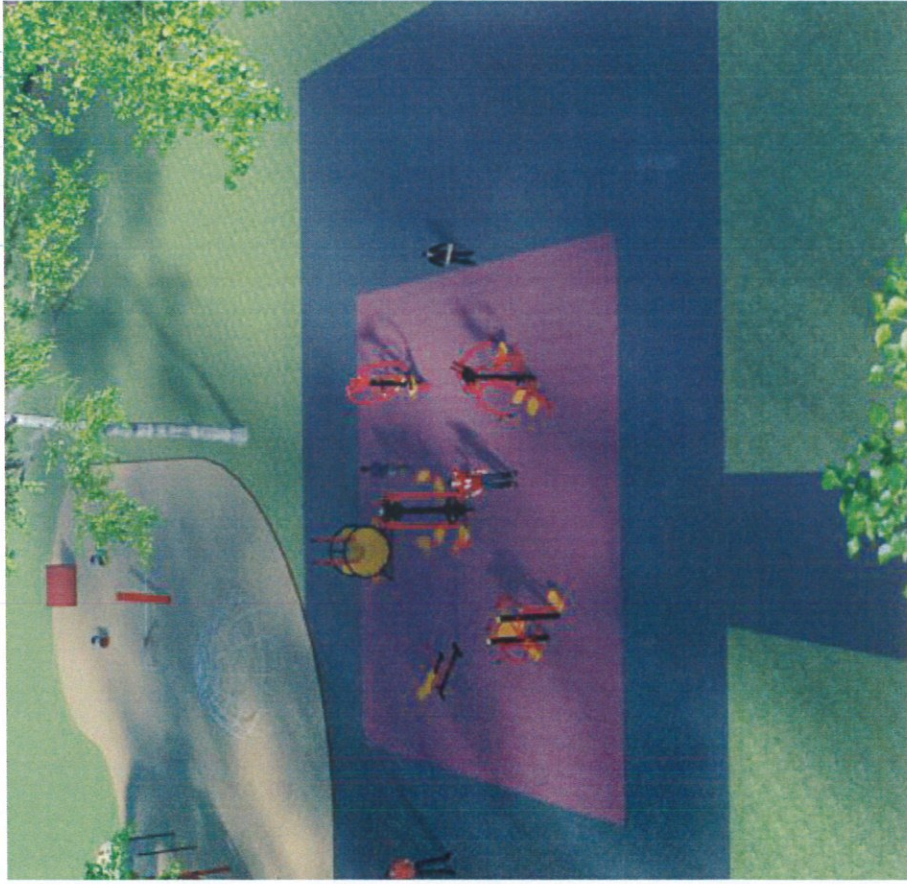


## FORT FRANCIS

PARK PROPOSAL



## 3D VIEWS



## FORT FRANCIS PARK PROPOSAL







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THE REAL OUTDOOR GYM

*\*Final Product might vary slightly*

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## COMPLETE SPECIFICATION AND DETAILS

Station Name	Quad Leg Press UBX-104Q	Chest Press Hercules UBX-048A	Double Ski Trainer UBX-026	Pendulum UBX-022Q	Rowing Trainer UBX-091	Violet UBX-013
Station Part Number	UBX-104Q	UBX-048A	UBX-026	UBX-022Q	UBX-091	UBX-013
Popularity	★★★★★	★★★★★	★★★	★★★★★	★★★★★	★★★★★
No of Users	4	2	2	4	1	2
No of Activities	1	1	1	3	1	2
Difficulty Level	Medium	Medium	Medium	Easy	Medium	Medium
Standard Family	Strength	Strength	Aerobics	Strength	Strength	Strength
Machine Type	Dynamic	Dynamic	Dynamic	Dynamic	Dynamic	Dynamic
Weight (kg)	177	178	151	110	56	89
CBM (M <sup>3</sup> )	1	0.5	1.45	1.15	0.45	0.3
Composites Seats / Cushions	8	4	2	N/A	1	2
Composites Foot Rests	N/A	✓	4	2	N/A	N/A
Stoppers / Suspensions	Dampers	Dampers	SafeStop	SafeStop	Dampers	Dampers
Dimensions (LWH cm)	165 x 165 x 185	180 x 84 x 184	186 x 84 x 179	160 x 130 x 162	140 x 94 x 78	160 x 160 x 180
Safety Surface Size (L*W)	375/375	390/290	586/284	370/350	350/290	350/300
Minimum Safety Area (m <sup>2</sup> )	11.22	8.16	9.4	12.25	7	8.4
Maximum Safety Area (m <sup>2</sup> )	14	11.31	13.16	12.95	13.65	10.5
Main Post Thickness (mm)	3mm	4mm	3mm	3mm	3mm	3mm
Welding Method	MIG	MIG	MIG	MIG	MIG	MIG
Main Bearing Type	HRB	HRB	HRB	HRB	HRB	HRB
Galvanization	Electroplating	Electroplating	Electroplating	Electroplating	Electroplating	Electroplating
Paint System	Electrostatic in the Stove	Electrostatic in the Stove	Electrostatic in the Stove	Electrostatic in the Stove	Electrostatic in the Stove	Electrostatic in the Stove
Colour Type	Dupont AD outdoor powder	Dupont AD outdoor powder	Dupont AD outdoor powder	Dupont AD outdoor powder	Dupont AD outdoor powder	Dupont AD outdoor powder
Total Coating Thickness	Minimum 90micron	Minimum 90micron	Minimum 86micron	Minimum 90micron	Minimum 88micron	Minimum 89micron
Installation Method	13/100mm Anchor bolts	13/100mm Anchor bolts	13/100mm Anchor bolts	13/100mm Anchor bolts	13/100mm Anchor bolts	13/100mm Anchor bolts
Required Surface	120mm Reinforce concrete	120mm Reinforce concrete	120mm Reinforce concrete	120mm Reinforce concrete	120mm Reinforce concrete	120mm Reinforce concrete
UV Protection	✓	✓	✓	✓	✓	✓
Label	ABS / Stainless steel	ABS / Stainless steel	ABS / Stainless steel	ABS / Stainless steel	ABS / Stainless steel	ABS / Stainless steel
Main post ground cover	Add On	Add On	Add On	Add On	Add On	Add On
Main Muscles	Arms	Chest	Legs	Abs	Back	Abs
	Back	Arms	Buttocks	Back	Back	Back
						Shoulder Arms
						

**FORT FRANCIS**  
PARK PROPOSAL

**URBANIX**  
THE REAL OUTDOOR GYM

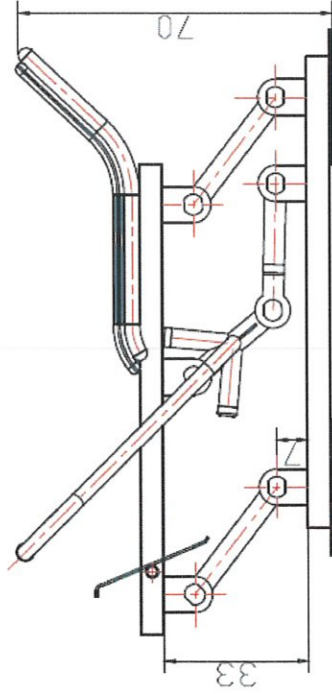
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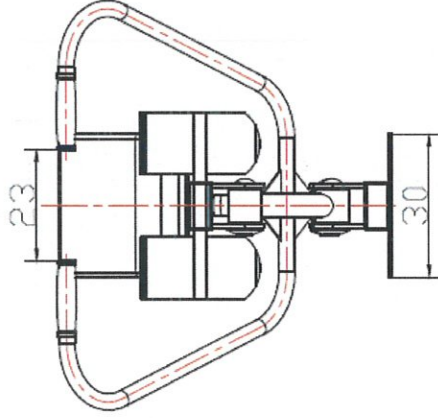


# Installation Guide - Surface UBX-91 Rowing Trainer

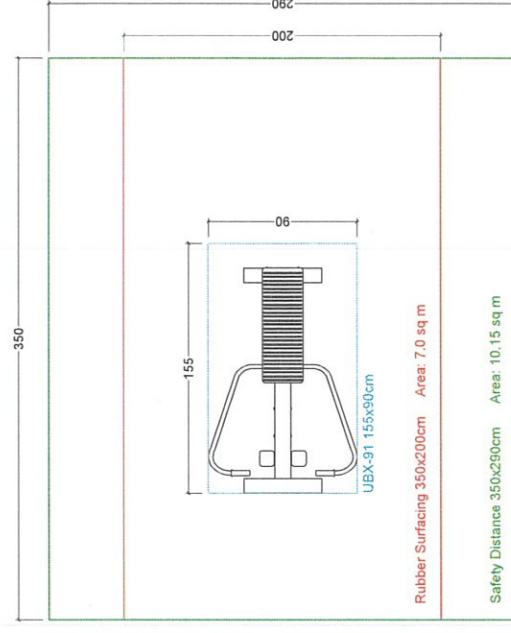
**Side View**



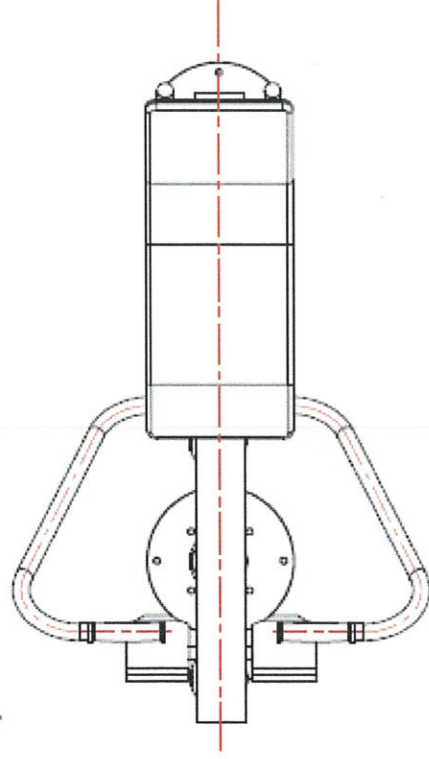
**Front View**



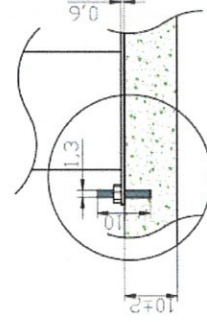
**Standard Safety Area**



**Top View**



**Detailed View**



**Installation instruction:**  
1. Installation recommended with anchor bolts. M12, 110mm  
2. Remove grit and gravel before locking the nuts.